

RIDGE PRESERVATION AFTER TOOTH EXTRACTION

USING OSTEOGEN® BONE GRAFTING PLUG WITHOUT A MEMBRANE

INSURANCE CODE FOR BONE GRAFT FOR RIDGE PRESERVATION D795

OsteoGen® is a resorbable bioactive bone graft composed of hydrophilic crystal and clusters. Use topical antibiotics (*Fig. 3*). **Doctors:** Please ask your patients if they are allergic to collagen. *Advise patients to avoid alcohol, mouthwash or chlorhexidine for two weeks as this has been shown to be toxic to fibroblasts and may delay healing and crestal bridging of soft tissue.

FIG. 1: EXTRACTION AND DEBRIDEMENT

Following anesthesia, extract tooth using standard atraumatic flapless protocol. Thoroughly remove the granulation tissue and the entire pathologic periodontal ligament using the Impladent Ltd Ultra Coarse Diamond Bursm, see photo white X, removal of all infected ligament.

Debride twice and flush socket with normal saline.¹⁻³



See Video on UCD Bur at:







FIG. 2: GENERATE BLEEDING TO ESTABLISH THE RAP

Using the #6 carbide bur included in the UCD kit remove the Lamina Dura and make lingual or palatal holes in the lower half of the socket where trabecular bone is available to procure medullary blood containing osteoclast cells (220µm) and osteoblasts to trigger the Regional Acceleratory Phenomenon (RAP). Profuse bleeding will be absorbed by the hydrophilic OsteoGen® Plug and will help prevent dry socket. Do not hydrate the Plug prior to delivery. 5,6



FIG. 3: DELIVERY AND INITIAL PLUG COMPRESSION

Antibiotics with a low pH are not conducive to rapid bone formation. Aqueous Metronidazole is a preferred option that is closer to physiologic normal pH. Following removal of the Lamina Dura, inject 2-3 drops mesiodistally at each side of the ridge crest as well as into the socket to kill bacteria and inhibit alveolar macrophage activity. 7-9 Hold the OsteoGen® Plug with sterile tweezers, taper Plug apically and deliver into the socket. Compact the plug aggressively. The Plug should be large enough, initially with an excess of 3.0mm-5.0mm on average above occlusal plane, so that it can be compressed into and fill the entire socket to the soft tissue superior level. Do not place Plug to the crestal bone height!



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FIG. 4: FINAL COMPRESSION: "MAKING A MEMBRANE"

Plug compression is achieved by <u>using a Plugger Instrument to align and compact the bone grafting crystals closer together creating a bioactive membrane barrier which controls migration of connective <u>tissue.</u>¹⁰⁻¹² Must use more than one Plug for multiple roots. Fill and unite the Plug roots <u>superiorly at the root trunk to the level of the soft tissue crest.</u> Leave the top of the Plug intact so it can be compressed into the socket uniformly. * <u>No toothbrushing or waterpik. Avoid alcohol, mouth wash or chlorhexidine for two weeks to yield rapid tissue healing crestally.</u></u>



FIG. 5: SUTURING; RADIOLUCENT TO RADIOPAQUE

Passively crisscross suture over Plug, **not through the Plug. Do not use Resorbable sutures.** * Soft tissue should bridge across in 14 days. Synthetic bioactive non-ceramic OsteoGen® crystals are a low-density graft. Site will show radiolucent day of placement. Plug resorbs continuously in 3-5 months or longer and replaced by host bone at rate depending on the surgery and patient's age or metabolism. Site becomes radiopaque, ready for implant placement. OsteoGen® crystals are used to reinforce implant osteotomy prior to implant installation. ¹²⁻¹⁴ Afterwards, place healing screw and additional crystals on top to prevent downward migration of epithelium and achieve primary closure. ^{13,14}

Clinical Studies on the OsteoGen Plug® show that it is an effective ridge preservation graft demonstrating a vertical height loss of 0.56mm vs 1.47mm control after extraction and crestal width loss of 0.90mm vs. 2.26mm control. When compared to other commercially available bone grafts for ridge preservation, the OsteoGen Plug® showed 3-4 times more osteoblast proliferation with significantly better biocompatibility. 16,17







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